

1/2 POUND SMASHBURGERS **SERVED WITH FRIES BURGRS SERVED AS DESCRIBED** 

### CHEESES

WHITE AMERICAN, CHEDDAR, SWISS & PEPPERJACK FREE TOPPINGS

KETCHUP, MUSTARD

### TOPPINGS

\$.35 LETTUCE, TOMATO, MAYO, GRILLED ONION, RAW ONION, JALAPENOS

### PREMIUM TOPPINGS

\$.50 PICKLES. MUSHROOMS

\$1.25 FRIED EGG - OVER MEDIUM

\$1.75 BACON

SMASHBURGER \$13.95 cf

PLAIN JANE W/ WHITE AMERICAN - BUILD YOUR OWN

CLASSIC SMASH

\$14.95 GF

WHITE AMERICAN, KETCHUP, MUSTARD, RAW ONIONS & PICKLES

SOUTH BEACH SMASH WHITE AMERICAN, MAYO, SB BBQ SAUCE & BACON

"ISLAND SMASH —

\$14.95 GF WHITE AMERICAN, GRILLED ONIONS & 1000 ISLAND

"YUM YUM SMASH -----

\$14.95 GF

WHITE AMERICAN, GRILLED ONIONS, PICKLES & YUM YUM SAUCE

BURGER ONLY - NO FRIES \$4 OFF

**EXTRA PATTY +\$4** 

**EXTRA CHEESE +\$1** 

**GF BUN +\$2** 

# SIDES

REGULAR FRY \$4.95 V **BASKET OF FRIES \$8.95** V CHIPS & SALSA \$4.95 V MAC N CHEESE \$4.95 RICE & BEADS \$3.95 V GF CHEESE SAUCE \$4.95GF

# **APPETIZERS**

FRIED VEGGIES -\$9.95 SQUASH, ZUCCHINI, MUSHROOMS, PICKLES, BROCCOLI, CAULIFLOWER & A SIDE OF BBQ RANCH \$9.95 FRIED PICKLES -SERVED WITH A SIDE OF BBQ RANCH BUFFALO CAULIFLOWER \$9.95 SERVED WITH A SIDE OF RANCH SOUTH BEACH CAULIFLOWER --- \$9.95

# CHEESESTEAKS

8 INCH \$12.95 12 INCH \$16.95

### PHILLY

100Z RIBEYE, PEPPERS, ONIONS, & WHITE AMERICAN CHEESE SAUCE

### CHIPOTLE PHILLY

SERVED WITH A SIDE OF RANCH

PEPPERS, ONIONS, CHIPOTLE MAYO & WHITE AMERICAN CHEESE SAUCE

### CHICKEN PHILLY

PEPPERS, ONIONS, & WHITE AMERICAN CHEESE BLEND

### CHIPOTLE CHICKED PHILLY

PEPPERS, ONIONS, CHIPOTLE MAYO & WHITE AMERICAN CHEESE SAUCE

# **SMASHBIRDS**

### **SERVED WITH FRIES**

### FREE TOPPINGS

LETTUCE, TOMATO, PICKLE, GRILLED ONIONS, JALAPENOS PREMIUM TOPPINGS

\$1.75 BACON, \$1.25 FRIED EGG

FRIED CHICKEN \$14.95 GF MAYO & PICKLE

**BUFFALO CHICKEN** — \$14.95 GF

FRIED W/ CHEDDAR CHEESE, BUFFALO & RANCH

SOUTH BEACH CHICKEN — -- \$15.95 **c**f FRIED W/ MAYO, BACON & SOUTH BEACH BBQ SAUCE

**YUM YUM CHICKEN** ——

FRIED W/ PICKLES, ONIONS & YUM YUM SAUCE SANDWICH ONLY - NO FRIES \$4 OFF



# SOUTH BEACH

TAKEOUT, CATERING & DELIVERY 4104 S VIRGINIA DARE TR, NAGS HEAD



CHECK OUT OUR FOOD TRUCK FOR CATERING OPTIONS!

WWW.FORKETMENOT.COM

PRICES ARE SUBJECT TO CHANGE

\*ALL ITEMS MUST BE COOKED TO ORDER\*

\*IN ACCORDANCE WITH THE HEALTH DEPT. GUESTS SHOULD BE WARNED THAT THE CONSUMPTION OF RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, OR SHELL FISH MAY INCREASE YOUR



MAHI, CHEESE, CABBAGE, TOMATO, CILANTRO & LIME AIOLI

BLACKENED CHICKEN — (2) \$9.95 (3) \$14.95 CHEESE, CUCUMBER TOM SALSA, LETTUCE, & RANCH YUM YUM CHICKEN —— (2) \$9.95 (3) \$14.95 YUM SAUCE, CHEESE, TOM, CABBAGE, CILANTRO & LIME AIOLI

YUM YUM SHRIMP (2) \$10.95 (3) \$15.95 YUM SAUCE, CHEESE, TOM, CABBAGE, CILANTRO & LIME AIOLI

# **WRAPS & BURRITOS**

SERVED WITH CHIPS & SALSA

SOUTHWEST WRAP \$15.95 BLACKENED CHICKEN, LET, TOM, BLACK BEANS, CORN, BACON, CHEESE, FRIED ONIONS, & BBQ RANCH

BLACKENED CHICKEN WRAP - \$14.95 CHEESE, LETTUCE, CUCUMBER TOM SALSA, & RANCH

BUFFALO CHICKEN WRAP \$14.95 LETTUCE, CHEESE, BUFFALO SAUCE & RANCH

SOUTHWEST BURRITO \$15.95 BLACKENED CHICKEN, RICE, TOM, BLACK BEANS, CORN BACON. QUESO, FRIED ONIONS & BBQ RANCH

SIV.95

CHICKEN OR SHRIMP RICE, CABBAGE, CARROT, CHEESE
PEPPERS, CILANTRO, YUM SAUCE & LIME AIOLI



# **SALADS**

SOUTHWEST BBQ \$15.95 GF BLACKENED CHICKEN, GARDEN GREENS, CORN, BLACK BEANS, BACON, TOM, CHEESE, FRIED ONIONS, & BBQ RANCH

SOUTHWEST VBQ VEGAN \$14.95 GF BLACKENED CHICKPEAS, GARDEN GREENS, CORN,

BLACK BEANS, TOM, FRIED ONIONS, & VEGAN BBQ RANCH





### VEGAN & VEGETARIAN TACOS

**VEGAN OPTION AVAILABLE - NOTIFY STAFF** 

YUM YUM CAULI OR TOFU --- (2) \$9.95 (3) \$14.95
CHEESE, CABBAGE, TOM, YUM YUM & LIME AIOLI
BLACKENED CHICKPEA --- (2) \$9.95 (3) \$14.95
CHEESE, LETTUCE, CUCUMBER TOM SALSA & RANCH
SOUTH BEACH CAULI OR TOFU (2) \$9.95 (3) \$14.95
CABBAGE, TOMATO, GARLIC THAI SAUCE & LIME AIOLI

# VEGAN & VEGETARIAN WRAPS & BURRITOS

VEGAN OPTION AVAILABLE - NOTIFY STAFF
SERVED WITH CHIPS & SALSA

SOUTHWEST CHICKPEA WRAP \$14.95
BLACKENED, CHEESE, LET, TOM, CORN, BLACK BEANS,
FRIED ONIONS & BBQ RANCH VEGAN AVAILABLE
BLACKENED CHICKPEA WRAP \$14.95
BLACKENED, CHEESE, LET, CUCUMBER/TOM SALSA
& RANCH VEGAN AVAILABLE
VEGETARIAN YUM YUM BURRITO \$14.95
CAULI OR TOFU RICE, CABBAGE, CARROTS, PEPPERS,

CHEESE, YUM SAUCE & LIME AIOLI VEGAN AVAILABLE

SOUTHWEST CHICKPEA BURRITO - \$14.95

BLACKENED, RICE, QUESO, TOM, CORN, BLACK

BEAN, FRIED ONION & BBQ RANCH VEGAN AVAILABLE

### VEGAN & VEGETARIAN BOWLS

VEGAN OPTION AVAILABLE - NOTIFY STAFF

V-MEX BLACKENED CHICKPEAS \$15.95

RICE, BLACK BEANS, CORN, TOMATO, CHEESE, FRIED

ONIONS, CILANTRO & BBQ RANCH VEGAN AVAILABLE

YUM YUM CAULIFLOWER OR TOFU \$15.95

RICE. CABBAGE, CARROTS, PEPPERS, CILANTRO
& YUM YUM SAUCE VEGAN AVAILABLE

PLEASE NOTE THE DISHES ABOVE
ARE SERVED AS VEGETARIAN
ALL VEGETARIAN OPTIONS CAN BE VEGAN.
PLEASE NOTIFY OUR STAFF IF YOU ARE VEGAN

# BOWLS

TEX MEX BLACKENED CHICKEN \$15.95

RICE, CHEESE, BLACK BEANS, CORN, TOMATO, BACON,
FRIED ONIONS, CILANTRO & BBQ RANCH

YUM YUM CHICKEN OR SHRIMP(\$2) \$15.95

RICE. CABBAGE, CARROTS, PEPPERS, CILANTRO
& YUM YUM SAUCE

# **MAC BOWLS**

BUFFALO MAC CHICKEN OR SHRIMP(+\$2) \$15.95
HOUSE MAC, BUFFALO SAUCE & A RANCH DRIZZLE

YUM YUM MAC CHICKEN OR SHRIMP(+\$2) \$15.95
HOUSE MAC & YUM YUM SAUCE

BLACKENED CHICKEN MAC \$15.95
HOUSE MAC, BLACKENED WITH A RANCH DRIZZLE

## **KIDS**

### SERVED W/ FRIES

QUESADILLA ADD CHICKEN \$2 \$7.95

ADD CHEESE \$1 \$8.95

HAMBURGER

CHICKEN TENDERS \$7.95

GRILLED CHEESE \$7.95

# **DOGGIE BOX \$6.95**

FOR OUR FOUR LEGGED FRIENDS!

FIDO'S FRIED RICE

BEEF, RICE, PROTEIN & EGG

# **SPECIALTY SAUCES**

SMASH SAUCE (AKA FRY SAUCE)

**BBQ RANCH** 

YUM YUM SAUCE

VEGAN RANCH
VEGAN BBQ RANCH
VEGAN YUM YUM

SOUTH BEACH BBQ SAUCE